



**8th Annual
GIRLS “TAKE IT TO THE RIM”
BASKETBALL CAMP
FEATURING: COACH FORREST LARSON
Ashwaubenon High School, Ashwaubenon, WI
July 19-20, 2010
(Commuter Camp)**

CAMP TIMES: Girls Grades 7-12

Monday, July 19:

Registration: 8:15am-9:00am

Session 1: 9:00am-12:00pm

Session 2: 1:00pm-4:00pm

Session 3: 5:00pm-8:00pm

Tuesday, July 20:

Session 4: 8:00am-11:00am

Session 5: 12:00pm-2:00pm

****All five sessions included in camp fee.****

WHAT COACHES ARE SAYING:

At the Take It To The Rim Camp you will use many of the same drills we use in our own individual instruction. If you are serious about putting in the time and effort that it takes to become a better player, I would strongly recommend that this camp be part of your summer schedule.

- **Billy Donovan** Head Coach, University of Florida

Forrest Larson is proof that you can be a great teacher of the game no matter where you are. I would send my son or daughter to his camp in a New York minute.

- **Dick Bennett**, Retired Head Coach University Wisconsin/Washington St.

CAMP PHILOSOPHY:

At the Take It To The Rim Basketball Camp the focus is on making each player a better offensive player. It is our goal for each player to return to their team with new ideas, drills, workouts, and to be a more inspired, dedicated, and effective basketball player.

This is an extremely intense and physically demanding offensive camp designed for the serious basketball player. It is our goal to make sure that every player improves their offensive skills at the Take It To The Rim Camp and after camp is over each player will have experienced how hard you must work to truly become a better basketball player. **The Take It To The Rim Basketball Camp is a highly intensive/offensive instructional camp that emphasizes the development of basketball skills rather than team play.** You must attend camp in peak physical condition, with a willingness to work and improve your individual skills.

TOPICS

- **Building a ball handling & offensive skills program**
- **Scoring and finishing off the dribble at the basket**
- **Workouts to use during the off season**
- **Goal setting & Individual Workouts and Workouts with a partner**
- **Attacking gaps & Creating shots for teammates**
- **Passing under pressure**
- **Breaking pressure & veering defender**
- **Focusing concentration & increasing confidence**

CAMP DIRECTORS:

Forrest Larson, 2003 Wisconsin High School Basketball Coach of the Year was the head basketball coach at Ladysmith for 15 years. Recently his teams have made 4 trips to the state tournament, most recently during the 2008 season as he led his Lake Geneva Badgers to Madison. His previous state tournament appearances had his teams playing for the state championship in 1996 & 2002 while winning the state championship in 2003. The success of these teams has been based on their offensive skill level. Coach Larson has produced three best selling offensive skill tapes, Take It To The Rim, 100 Trips-A Full Court Workout and Get Better with the Basketball.

Mike Wittig has over 18 years of high school basketball coaching experience. He has stints as boys' varsity coach at Stockbridge, Boscobel and Green Bay Preble High Schools. He spent three seasons as a varsity assistant coach at Madison West High School, helping the team to three consecutive state tournament appearances, one culminating in the 1992-93 DI State Championship. Coach Wittig is currently an assistant coach at Ashwaubenon High School.

Kevin Phillips is currently completing his 4th year as the boys' varsity coach at Ashwaubenon High School. He led the Jaguars to the sectionals in his first two years. While boys head coach at Green Bay East, Coach Phillips guided his team to the state tournament in 2000.

CAMP APPLICATION: Please Print

Name: _____

Address: _____

City _____ St _____ Zip _____

Grade (Fall of 10): _____ School (Fall of 10): _____

Home Phone: () _____

Emergency Phone (other than parent): () _____

T-Shirt Size (Please Circle): S M L XL XXL

For immediate confirmation please provide Email address:

Email: _____(please print legibly)

Please Read PARENT CONSENT and SIGN Below:

If your daughter will be under the age of 18 while at our camp, it is policy to secure consent for medical treatment. In case of illness or injury, permission is granted to treat the participant at any appropriate medical facility. By signing you are giving your consent in advance for medical treatment. Furthermore, as a participant in the camp, I hereby state that I am aware of and accept the risk inherent in the program activity. The above signed does hereby agree to hold harmless and indemnify Take It To The Rim or TABB HOOPS LLC, their offices, agents and employees, from any and all liability, loss, damage, costs, or expenses which are sustained, incurred, or required arising out of the actions of my dependent in the course of the camp.

Parent/Guardian Signature:

Date: _____

Payment and Camp Information:

- o **Camp fee** is \$135 per player : **Checks Payable to: TABB HOOPS LLC.**
- o **Family Discount:** \$135 for first player in family and \$115 for each additional family member attending:
 - o Family discount applies also for brothers/sisters attending TITTR camps held at Ashwaubenon High School
- o **Camp Enrollment is limited to the first 160 players**
 - o Players of similar grades will be grouped together
 - o **Camp has FILLED EVERY YEAR! ENROLL NOW!**
- o \$25.00 administration fee will be charged per player for any cancellation after May 31st, 2010 at discretion of Coach Wittig.
- o This is a commuter camp, players are responsible for their own lodging and food.
- o **Send application and camp fee to:**
 TABB HOOPS LLC.
 2610 East River Dr.
 Green Bay, WI 54301

DOCTOR'S STATEMENT OF HEALTH

I have examined _____ and found her to be healthy and able to compete in basketball and general recreational activities (of her choosing) during the **Take It To The Rim Basketball Camp** run by **TABB HOOPS LLC.**

List any allergies to medications:

Last tetanus shot: _____

Pertinent information (diabetic, epileptic, current injuries, previous fractures, etc.)

Physician's Signature _____ Date Examined _____

A copy of WIAA physical card for 2009-2010 athletic year may be sent in lieu of doctors statement. Please STILL note above any allergies, other pertinent medical information and insurance information

All campers must have their own medical insurance. Please notify us of any medical needs you may have while at camp.

Name of Insurance Company Policy#:

Once we receive your camp application with camp fee, you will receive a confirmation letter or email. Campers can register now and send medical information at a later date.

Any questions, please call Coach Wittig at 920-884-5068 or send email to: tabbwit12@aol.com