

CAMP APPLICATION

Name _____

Male or Female _____

Address _____

City/State/Zip _____

Primary Phone _____

Emergency Phone _____

School (Fall of 19) _____

Grade (Fall of 19) _____

T-Shirt Size (Youth) L (Adult) S M L XL XXL

Parent Email _____

Parent/Guardian Signature _____

If your son/daughter will be under the age of 18 while at our camp, it is our policy to secure consent for medical treatment. In case of illness or injury, permission is granted to treat the participant at any appropriate medical facility. By signing you are giving your consent in advance for medical treatment. Furthermore, as a participant in the camp, I hereby state that I am aware of and accept the risk inherent in the program activity. The above signed does hereby agree to hold harmless and indemnify "Nothing But Net", their offices, agents and employees, from any and all liability, loss damage, costs, or expenses which are sustained, incurred, or required arising out of the actions of my dependent in the course of camp.

This Camp is sponsored by the Sun Prairie Boy's Backcourt Club

Send application and camp fee of:

Sun Prairie Resident \$ 80.00

Non Resident \$100.00

Application Deadline: August 1st

(If you register after this date, the camp fee is \$110)

Send to:

Nothing But Net
C/o Jeff Boos
713 Thomas Drive
Sun Prairie, WI 53590

C: 608-712-1467 W: 608-834-6838

Email: jboos@sunprairieschools.org

Each Camper will receive a Camp T-Shirt



"Nothing But Net" BASKETBALL CAMP GRADES 3-8

**BRING YOUR OWN WELL-MARKED
BASKETBALL**

Featuring:
**COACH FORREST LARSON
COACH JEFF BOOS**

CAMP TIMES

Sun Prairie High School Field House

SUN PRAIRIE, WISCONSIN

August 5th – August 8th

Registration:

Boys – August 5th - 8:30-9:00 am

Girls – August 5th - 12:00-12:30 pm

Boy's Camp: 9:00 am -12:00 pm

Girl's Camp: 12:30pm - 3:30 pm

Coach Boos
713 Thomas Drive
Sun Prairie, WI 53590

CAMP PHILOSOPHY

This is an intense and physically demanding offensive camp designed for the **serious** basketball player. It is our goal to make sure that every player improves their offensive skills at the "Nothing But Net" Camp and that after camp is over, each player will have experienced how hard you must work to truly become a better basketball player. **It is important to remember that the "Nothing But Net" Basketball Camp is an intensive/offensive instructional camp that emphasizes the development of basketball skills rather than team play.** You must attend camp in peak physical condition, with a willingness to work, and a passion to improve your individual skills.

At the "Nothing But Net" Basketball Camp, we focus on making each player a better offensive player. Each session we work on techniques and skills that are crucial to becoming a great basketball player. It is our goal for each player to return to their team with new ideas, drills, workouts, and to a more inspired, dedicated, and effective basketball player.

The topics we will cover at camp include:

- **Building a ball handling and overall offensive skills program**
- **Goal setting**
- **Scoring off the dribble**
- **Workouts to use during the off season**
- **Workouts to use when you are by yourself**
- **Workouts to use with a partner**
- **How hard you must work to truly become a better basketball player**

Part of each session will be devoted to shooting the basketball. Proper footwork and shooting techniques will be discussed, demonstrated and drilled. Shooting off the dribble will also be emphasized

IMPORTANT INFORMATION

- Camp Costs:

Residents	\$80.00
Others	\$100.00
- **If you register after this date Aug. 1st, the camp fee is \$110**
- Make checks payable to: **Nothing But Net Basketball Camp**
- Camp Enrollment is limited to the first 150 players
- Applications will be taken on a first come first serve basis.
- Should you have the unfortunate circumstance of having to cancel your attendance at camp, there will be an administrative fee of **\$60.00** deducted from you

CAMP DIRECTOR

Forrest Larson has coached for 31 years on the high school level in the state of Wisconsin. He was recently awarded the prestigious Steven L. Randall Award by the Wisconsin Basketball Coaches Association for integrity, passion and professionalism in teaching and coaching. In 2011 he was inducted into the Wisconsin Basketball Coaches Hall of Fame. His 2007-2008 Badger teams qualified for the state tournament and won Sectional, Regional and Lakeshore Conference championships. Previous to coaching at Lake Geneva Badger, Larson spent 15 years coaching in Ladysmith, WI. He was named the 2003 Wisconsin High School Coach of the Year. Under Larson, Ladysmith made four trips to the state tournament. They won the State Championship in 2003 and finished second in 2002 and 1997. His teams won Heart of the North Conference Championships in '92, '94, '95, '97, '02 and 2003. His 2015 Badger team won the Southern Lakes Conference Championship. The success of those teams has been based on their offensive perimeter skills. Coach Larson has spoken at over 150 basketball camps and clinics in 15 different states. He has produced four well-known offensive skills DVD's: Take It to the Rim, 100 Trips: The Full Court Workout, Getting Better with the Basketball, and Getting Better with the Basketball II. He is highly involved with and directs the Take It to the Rim Camps in the Midwest. Coach Larson has a tremendous amount of energy and enthusiasm.

WHAT OTHER COACHES ARE SAYING

Forrest Larson is proof that you can be a great teacher of the game no matter where you are. I would send my son/daughter to his camp in a New York minute.

Dick Bennett
Retired Coach

At the camp, you will use many of the same drills we use in our own individual instruction. We consider these drills vital to our success. If you are serious about putting in the time and effort that it takes to become a better player, I would strongly recommend that this camp be part of your summer schedule.

Billy Donovan
NBA-Head Coach Oklahoma City Thunder

Forrest Larson is one of the best I have ever seen working with young players, improving their offensive skills. Our staff and players look forward to inviting him to the Iowa basketball camps each summer.

Steve Alford
Head Coach, UCLA

CAMP DIRECTOR

Jeff Boos just finished his 35th year as a Head Boys Basketball Coach. Coach Boos' Sun Prairie teams have appeared in 16 regional final contests, along with 11 sectional appearances. His 2018-19 team was State Runner-Up in Division 1. His 2017-18 Cardinal Team qualified for state tournament and won Sectional, Regional and Big 8 Conference Championship. His Cardinal Team posted 25 wins, most in school history. His 2015-16 and 2016-17 teams won back to back Big 8 Conference Championship. This year he was selected as the AP Coach of the Year and All-Area Coach of the Year. He has been selected as Big 8 Conference Coach of the Year in the past three years. In addition his 2012-13 team won the Big 8 Conference Championship and broke a school record with 20 wins. His 2013-2014, 2011-12 and 2010-11 teams finished 2nd in the Big 8 Conference. He has the 413 wins. He was awarded the Steven L. Randall Award, in the fall of 2018, by the Wisconsin Basketball Coaches Association for integrity, passion, and professionalism in teaching and coaching. He was awarded the Eli Crogan Humanitarian Award at the Hall of Fame Banquet in 2012. He won two Conference Championships at Medford High School, along with being named Conference Coach of the Year 1989 and 91. He was named Wisconsin Basketball Coaches All-Star Head Coach in 2004 and served as an assistant in 1994. Coach Boos has spoken at a number of basketball camps and clinics throughout the Midwest. Boos is recognized by his peers as an outstanding teacher of shooting.

WHAT OTHER COACHES ARE SAYING

Coach Boos' unique ability to help individual players maximize their potential is simply indispensable. He has brought a level of excitement to our program that didn't exist before.

Scott Seifert
Retired Ladysmith Head Girls Basketball Coach

I have known Coach Boos for the better part of twelve years and experienced, first hand, his wisdom. He knows the game, loves to teach, and has the knowledge from which to pull from. Fundamentals, those building blocks of basketball, may be basic, but few teach them better than Coach Boos. Players learn easily from Coach Boos, because he breaks down his drills into understandable language, with clear, concise demo-stations. Drilling correctly with high repetitions is his method for teaching. If a player wants to shoot, score and handle the ball better, Coach Boos will help you do that.

Andy Cerroni
Sussex Hamilton Head Boys Basketball Coach